

# Don't let the recession leave a bad taste in your mouth



Regardless of the economy, we still need to take care of ourselves

Don't let conserving money take precedence over your dental health. It's important to maintain your smile, by ensuring you keep good oral health. Being diligent with regular check ups allows your dentist to properly advise you. After all, prevention is the key! Remember spending money on your teeth is an investment; you use them everyday. Who knows, it could help convince the next job, partner, or promotion to say Yes!

"During anxious tooth grinding times, I tend to have an increasing number of patients with toothaches, often requiring root canal treatments or extractions," says Dr Dylan Yung, New Zealand's leading cosmetic and general dentist.

"The cost of this treatment is usually higher than if they had come for their twice yearly check-up and maybe had a simple filling. Prevention needs to be taken seriously to save money and your teeth."

*"In the USA, patients who have limited or no insurance tend to neglect their teeth, skip cleanings and maintenance to save a few bucks - this can lead to expensive restorations later on."*  
- Times Magazine

So when you feel the bite of a recession, it's good to know there are many minor cosmetic dentistry techniques available now that can give you a huge "pick me up", boost your confidence and self esteem.



Composite Bonding



Gum Sculpting

Minor cosmetic procedures that produce instant results:

- **Gum Sculpting:** in one appointment Dylan can reshape your gum line to reveal a more symmetrical smile.
- **Composite Bonding:** a quick effective product used instead of porcelain, producing the same results for half the price. Perfect for fixing gaps, a chip, cracked or broken teeth.
- **Teeth Whitening:** take home or in chair, who doesn't want whiter teeth?
- **Night Guard:** helps with teeth grinding and headaches. Retrain your muscles to stop grinding and save your teeth.

Every dentist has the same access to products and materials; it is in the experience and artistic hand of the dentist that makes a considerable difference to the end result. For a dental experience that focuses on more than just your six front teeth, see Dr Dylan Yung for your free consultation today.



Dr Dylan Yung is a founder of the NZ Academy and is also a member of the American Academy of Cosmetic Dentistry. He lectures on the latest technology and techniques developed here and overseas, and is renowned for his solutions to his clients smile concerns.

Experience the Aevitas difference, visit the Aevitas website [www.newsmile.co.nz](http://www.newsmile.co.nz) to read the delighted testimonials of Dylan's patients and make time for a no obligation chat. Free parking and coffee are all part of the experience.



Many other smile transformations are viewable on the Aevitas website.

# ævitas

CREATING NEW SMILES

[www.newsmile.co.nz](http://www.newsmile.co.nz) Phone (09) 368 9228. 106 Carlton Gore Road, Newmarket, Auckland. Parking available.