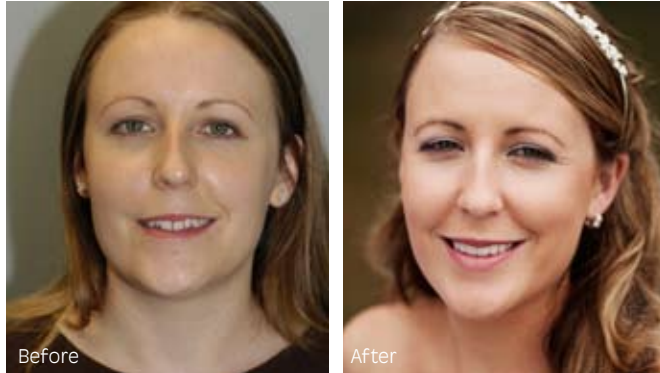


Dream smile makeover

Last year readers had the chance to win their dream smile for their wedding day. Michelle Cook was our lucky winner and experienced her perfect, whiter wedding. Here's how...



Michelle had always been conscious of her teeth. They were the last thing she wanted people to see. She spent her entire childhood smiling with her mouth shut. And meeting people in her frontline position at Air NZ was always difficult. 'I felt people would often stare at my teeth. I was constantly aware of the way they looked. I wanted to feel confident smiling and not feel self-conscious.'

With her wedding day fast approaching, Michelle realised she would be very disappointed with her wedding photos as they would show pictures of her with an awkward smile.

Michelle had been gathering quotes from dental specialists. But then all her problems were solved when she entered our Aevitas dream smile makeover competition and was chosen as the winner.

She went to see Dr Dylan Young at Aevitas Dentistry in Newmarket and discussed her dream smile. Dylan evaluated Michelle's existing smile. Her teeth were very gappy, dull in colour, peg-shaped and different sizes. Proportion, size, symmetry and colour are important elements of a great smile design.

Diagnostic models of her new smile were created to show

Michelle what she could expect once Dylan's work was completed. This eliminates any surprises, checks the changes won't affect the client's bite and ensures the end result is exactly what the client has in mind.

The first visit included a full dental assessment, tooth-whitening to bring back tooth colour uniformity, brightness and laser gum contouring to enhance the shape of the upper gum line.

The gum line is often overlooked in cosmetic dentistry. Lasering Michelle's gums allowed the proportions to be perfect. Dylan explains this is one of the most important parts of your smile.

Dylan then built up her small teeth using a composite bonding material. This is a soft, pliable material which lasts for over 10 years, that is moulded to existing teeth then lasered hard.

Each tooth is built up individually. Only highly-skilled cosmetic dentists perform this technique. By building up each tooth, gaps are closed and colours are blended well.

Michelle's treatment was completed by polishing each new tooth and ensuring the gaps between each tooth allowed easy dental flossing.

In a total of just five hours and three treatments, Michelle's smile was completely transformed. She had her perfect smile for those wedding photos and for years to come.

Michelle's experience

When I received the call from Aevitas I was ecstatic. At my initial consultation Dylan was friendly, professional and also extremely thorough. I felt very confident he would do a great job!

I am forever grateful for the work Dylan has done, and it's so wonderful to be able to speak and smile without feeling self-conscious.

I would highly recommend to anyone who feels the way I did to just go ahead and get the work done. It is worth investing the money to improve the way you look and feel about yourself. I cannot put a price on how I now feel. And I really love my wedding photos!

For more information

Visit Aevitas Dentistry's website to see clients' before and after photos and have a free \$90 smile consultation voucher sent to you.

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